### ITK CAREGIVERS KNOW THE FACTS ABOUT

# CORONAVIRUS

#### **KEEP YOURSELF SAFE**



Wash hands frequently with soap and water for 20+ seconds.



Do not touch you eyes, nose, or mouth with unwashed hands.



Do your best to avoid people who are sick.



Avoid crowded places.

#### **KEEP CLIENTS SAFE**



Wash hands frequently with soap and water for 20+ seconds.



Stay home and stay away from clients if you are sick.



Clean frequently touched surfaces often.

#### **KNOW THE SYMPTOMS**



Fever



Cough



Trouble Breathing



Headache

Contact a doctor right away if you or your client have these symptoms. Report your symptoms, any recent travels, and any possible exposure before you go to your appointment.



### WHAT ABOUT FACE MASKS?

The CDC and the World Health Organization advise people to wear a mask only if they are:

- Displaying symptoms of coronavirus, or
- Taking care of a person with suspected coronavirus infection.

The general public is not advised to use face masks for protection against coronavirus.

## NEED AN INFECTION CONTROL REFRESHER?

Check out these courses from **in**the**know**:

INFECTION CONTROL
IN HOME CARE

**HANDWASHING** 

STANDARD PRECAUTIONS

AND MORE!



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